## Testimonial for Stimmvolk.ch by Katrien Beeckman

Singing with *StimmVolk.ch* is a wonderful journey nourishing the heart. It is a journey of communion with others in a group, through which we deeply feel our common belonging to humanity. Transcending cultural, ethnic, religious or economic division lines, singing with *StimmVolk.ch* is a simple and efficient means to foster peace. It is furthermore a solid tool to strengthen resilience in the face of adversity. Singing with *StimmVolk.ch* feeds every cell in the body, refocuses the mind on the essence and uplifts the spirit. It is a celebration of life and love. Katrien Beeckman, Ph.D.

Dr. Katrien Beeckman is an expert on human rights and peace education. She has worked, amongst others, for UNESCO in Africa and for the International Federation of Red Cross and Red Crescent Societies in Geneva (IFRC). As Head of the Principles and Values Department, she founded and developed the "Youth as Agents of Behavioral Change (YABC)" worldwide flagship initiative. She is a happy mom of two daughters and one son and lives near Geneva.